

Goal for the 21st Century

Seamless **TOTAL FORCE** that integrates active and reserve components and provides the national command authority the flexibility and interoperability necessary for the full range of military operations. To achieve this goal, all residual barriers, structural and cultural, to integration of the Active and Reserve components of the force must be eliminated.

William Cohen
Secretary of Defense

Updates

- Reserve Health Promotion Instruction
- Total Force HP Advisory Council
- Training Opportunities
- AQD
- Strategies
- Resources
- Future



Naval Reserve HP Instruction

- ▶ COMNAVRESFORINST 6110.3
- ▶ 19 April 1999
- ▶ Guidance for implementing and evaluating the HPP and maximize healthy lifestyles to increase individual and total force readiness.
- ▶ Applies to all NR Force



Naval Reserve HP Instruction

- ▶ References OPNAVINST 6100.2
- ▶ INTEGRATE with existing programs
- ▶ COMNAVESFOR responsibilities
 - Coordinate at HQ, SecNav, DoD levels
 - Coordinate TFHP Advisory Board with NEHC
 - Monitor effectiveness and efficiency



Total Force Health Promotion Advisory Board

- ◆ 3 Meetings 1998-99
- ◆ Grassroots Effort
- ◆ Issues
 - Assessment/Evaluation
 - Training/Resources
 - Funding

